

ST DAVIDS CHURCH IN WALES PRIMARY SCHOOL



SMOKE FREE POLICY DOCUMENT

YR EGLWYS
YNG NGHYMRU



THE CHURCH
IN WALES

1. Introduction

Smoking is the single most preventable cause of premature death and ill health in our society.

Second hand smoking, breathing in other people's tobacco smoke, has been shown to cause serious illnesses in non-smokers. It also has a negative effect on those who suffer from conditions such as asthma.

There is considerable evidence regarding the impact of smoking behaviours on children. Children need to receive consistent messages and require non-smoking role models if they are to recognise smoke free as the norm.

St David's CIW Primary School aims to provide a safe working and learning environment for both pupils and staff. The whole school supports a smoke free policy.

This reinforces our commitment to the Vale Healthy Schools Scheme's ethos of adopting a whole school approach to smoking issues and reinforcing messages learnt in the classroom.

This policy has been formed after consultation with staff, pupils, parents, Vale advisory staff and health professionals. It is created in accordance with the Welsh Government legislation and supports the Wales strategy for tackling substance misuse in helping children and young people resist substance misuse in order to achieve their full potential in society.

Tobacco Control Action Plan

Vision: a smoke-free society for Wales, in which the harm from tobacco is eradicated.

Aim: to drive down adult smoking prevalence levels in Wales to 20% by 2016 and to 16% by 2020.

Within the general PSE provision of the school there is a programme of substance misuse education relevant to the age of the children. Strategies for managing any drug-related incidents are also identified. Both of these strands reflect the guidance in the NAFW circular 17/02.

This policy has obvious links with the Health and Safety Policy, the PSHE/Citizenship Policy, the Healthy Schools Policy and the Substance Misuse Policy. The school will comply with Health and Safety Legislation and Employment Law.

2. Definition of substance

The standard definition of a substance used for this policy is – ‘A substance is something people take to change the way they feel, think or behave’ (United Nations). A defined range of substances covered by the policy will be tobacco.

For the purposes of the Smoke Free policy e-cigarettes and vaping shall be classed in the same manner as smoking of other materials in all cases.

The school site includes buildings and grounds within the perimeter fence, but also extends to just outside the entrance gates. It also includes school transport and linked sites regularly visited by our children visits such as the Multi Use Games Area and Cricket field at the Village Hall.

3. Aim

To provide a Smoke Free environment that protects and promotes the health and well- being of the entire school community and visitors to the school.

The Smoke-Free Environment

The following statements apply to all staff, pupils and visitors to the school e.g. parents, visiting suppliers, temporary staff, contractors and governors.

- Smoking, including e-cigarettes is not permitted in any part of the school site at any time. (Including out of school hours) This includes all school buildings and the outside areas of the school including the playground, sports field or car parks. It also includes the MUGA & cricket pitch in the Village Hall
- Smoking including e-cigarettes by anyone on a school visit or trip is not permitted.
- Smoking including e-cigarettes outside the entrances and exits to the school site will be strongly discouraged.
- A smoke free statement is included in the school’s prospectus and staff handbook.
- The relevant signage is displayed around school. No smoking/vaping
- Smoking including e-cigarettes is not permitted in school transport or any vehicles being used on school business when pupils or staff are passengers.

Staff members are expected to inform visitors of the smoke free policy. However, they are not expected to enter into any confrontation which may put their personal safety at risk

4. Objectives

The school will:

- Use the curriculum to raise awareness of the risks of smoking to pupils, promoting a healthy lifestyle and enabling pupils to make responsible healthy choices in relation to smoking. This is reflected within the school's PSE and science curriculum and by providing excellent role models for all children and adults within the school.
- Equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.
- Participate in Welsh Government initiatives to promote non-smoking.
- Ensure that organisations/individuals using school facilities agree to comply with the Smoke Free Policy.
- Support staff who want to quit smoking by providing relevant information including NHS Stop Smoking Services, local support available and help Me Quit <http://www.helpmequit.wales/> (0800 085 2219).
- Provide information and advice to parents as required.
- Guarantee the right of non-smokers to breath in air that is free from tobacco smoke.

5. Curriculum

Effective Substance Misuse Education including smoking will enable children and young people at St David's to make responsible informed choices about their lives. It will not be delivered in isolation; this will reflect the approach within the Personal and Social Education (PSE) Framework for Wales, which underpins this Policy.

Key Stage	PSE Framework	Wales National Curriculum Science Order
Foundation Phase	Understand that medicines are taken to make them better, but that some drugs are dangerous	Pupils should be taught about the role of drugs as medicines
KS2	Know the harmful effects, both to themselves and others of tobacco, alcohol, solvents and other legal and illegal substances	Pupils should be taught that tobacco and other drugs can have harmful effects

- The dangers of smoking are addressed in KS2 in our programme of personal, social and health education (PSHE), with advice and support from the Health Authority.
- As well as teaching the children about the effects that smoking has on the body, we engage them in discussions about the reasons why people start to smoke, and what they themselves should do if other people encourage them to try cigarettes.
- Class teachers lead all such discussions in a sensitive manner. They encourage the children to explore the views of other people, and to reflect on their own personal convictions with regard to smoking. They explain that it is illegal for cigarettes to be sold to people under sixteen years of age, but our aim is for children to refrain from smoking not only for that reason, but also because they believe that smoking is a wrong lifestyle choice.
- The dangers of smoking sometimes arise as an issue in science lessons at Key Stage 2, when children learn about the way substances affect the whole body.
- When such an issue arises, class teachers deal with it in context, and answer the children's questions to the best of their ability, taking care to explain that smoking is dangerous, and should be avoided.

6. Delivery

Pupils will learn about the risks of smoking using approaches that provide:

- Consistent accurate information presented simply and clearly.
- Informative and accessible reading material.
- Access to peers and credible adult experts, in addition to teachers/youth workers.
- Stimulating and enjoyable tasks.
- Appropriate challenges in an atmosphere, where they feel secure enough to play a full and active part.

7. Use of outside Speakers

Where people from external agencies are invited into the school they are 'visitors' and will be seen as contributing to the school's agreed programme and not replacing it. Visitors will be involved in the planning of the full programme and contribute their specific expertise where required e.g. Cardiff & Vale Health Board, Police School Liaison Officer, Youth Ambassadors, Healthy Schools.

7. Training

SMT will ensure that there is adequate training and resources for all staff involved in the delivery of the aims and objectives of the policy.

8. Disciplinary action

- The day to day implementation of this policy is the responsibility of the whole school community and everybody has a duty to respond to breaches of the policy.
- Any persons who smoke on the premises will be asked to extinguish the offending item and/or leave the premises.
- If any members of staff wish to smoke, they must leave the school site. *(Currently there are no smokers employed by the school.)*
- Staff or students who breach the smoke free policy will be advised that this could result in disciplinary action. This includes the use of e-cigarettes/vaping.
- Breaches of this policy by pupils will result in the involvement of their parents.

9. Procedures for dealing with an incident

Staff who become aware of incidents involving pupils and smoking will inform the responsible staff member. The responsible staff member will then notify the head teacher. The response will depend on the type and degree of risk, with some situations requiring immediate action.

Pupils and staff who disregard the policy will be disciplined according to the school's disciplinary and behavioural procedure.

All tobacco will be confiscated and destroyed.

Immediate action is needed when there is a clear risk to safety, for example:

Example	Action
<i>Tobacco is being supplied on, or near premises to underage pupils</i>	Contact police
<i>Pupils in possession tobacco</i>	Contact parents

10. Contact with Parents

There will be a reasonable attempt to contact parents to inform them of any tobacco related incident unless:

- There are child protection concerns

- It would interfere with a school investigation
- It would interfere with a police investigation
- It could result a greater harm to the child for another reason.

11. Supporting pupils after an incident

The school will have procedures in place to protect the welfare of any pupil after an incident. They may require support in the period following a tobacco incident, as they may feel extremely vulnerable at the time.

The range of responses may include:

- Pupil assistance programmes
- Referral to smoking cessation service
- School based counselling
- Youth support services
- Behaviour contracts
- Restorative approaches
- Fixed term exclusion
- Permanent exclusion

16. Implementation

The Head teacher and Governing Body have ultimate responsibility for the implementation of the Smoke Free Policy.

At St David's, the member of staff with responsibility for the Smoke Free Policy is (Mrs Laura Clewer) Mrs Leah Croke-West.

The school Governors will review this Policy in line with the Policy review cycle. Governors may also be involved in disciplinary proceedings as and when required.

17 Monitoring and Evaluation

- Opportunities will be provided which will enable pupils' to participate and evaluate what they have learnt according to their age, needs and ability.
- Parents will be invited to feedback their ideas for improvements on a regular basis both verbally and through questionnaires
- School council (if applicable)
- Progress will be monitored at regular intervals by SMT and governors: specific issues will be discussed at staff meetings as appropriate

This policy will be reviewed in accordance with the school development plan

Accessible Formats

This document is available in English and Welsh in Microsoft Word and pdf formats in Arial font size 12 as standard.

Other accessible formats can be made available upon request.

To request a copy of this document in an accessible format contact 01656 656447 (school phone number).

Date of issue:	<i>November 2017</i>	Review date:	<i>November 2019 Subject to changes in legislation</i>
School's address:	<i>Colwinston Village, Vale of Glamorgan, CF71 7NL</i>		
School's phone number:	<i>01656 656447</i>		
School's email address:	<i>stdavidsp@s@valeofglamorgan.gov.uk</i>		
Website address:	http://www.stdavidscwprimaryschool.co.uk/school-policies		
Name of person responsible for policy:	<i>Mrs Leah Croke-West (Health & Well-Being Coordinator)</i>		
Date ratified by Governors:	<i>30th November 2017</i>	Governor Links:	<i>Wendy Gordon Emily Steggall</i>